



Black History Season @ Gladesmore

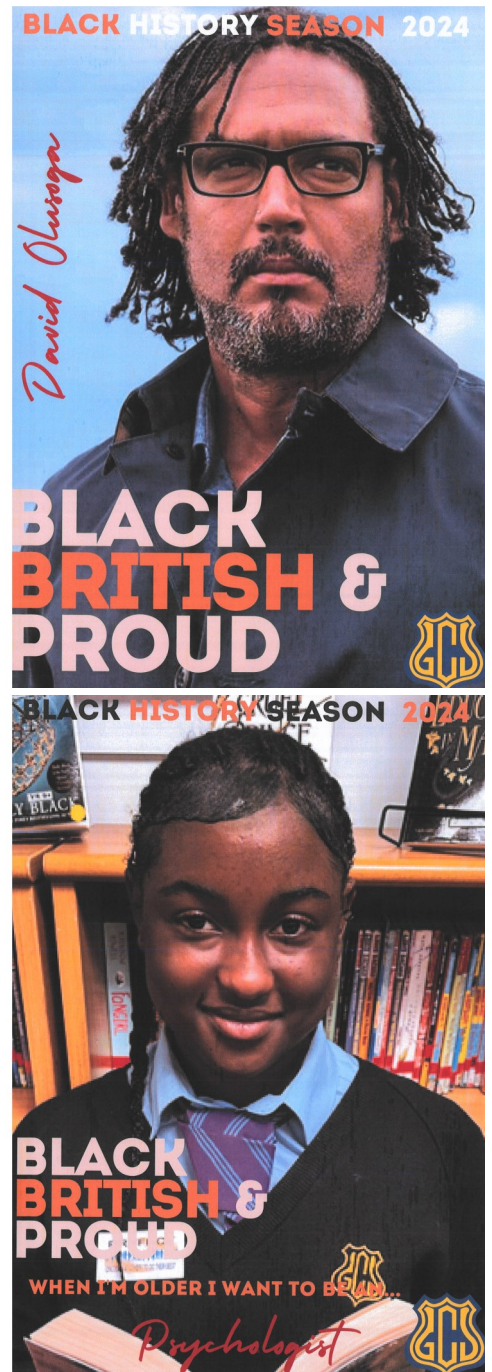
Traditionally Black History Month (BHM) takes place in October but at Gladesmore we've decided that a month is not enough time for us to truly celebrate the event. So this year, and from now onwards, we will be celebrating Black History Season (BHS)!

At Gladesmore, BHS started on the Tuesday 1st October and will end on Friday 20th December. This gives us plenty of time to really develop events and activities to maximise student participation.

The theme of Black History Season this year, 'Black, British and Proud', was launched during tutor time via a fantastic online quiz where tutor groups were encouraged, with the help of their tutors, to share their knowledge and understanding of this year's theme.

Looking forward to this half term we have some amazing things planned to continue our celebration of BHS. Mr Thompson will host some Caribbean cookery classes where authentic ingredients will be provided and students will have the opportunity to cook and taste the delights of a Caribbean kitchen. The Glade Diner will be hosting a 'Tastes of the Island Day' each week where there will be a tasting menu for everyone to enjoy at lunchtime. There will also be t-shirt printing workshops, drumming sessions, games from the motherland and much, much more!

BHS will culminate in two assemblies which will feature engaging presentations about the many activities we have hosted over the Autumn term along with some fantastic live performances to celebrate the season... so look out for the next edition of the Gladesmore Post for more details.



For up to the minute information, logon to the GCS website where you can find out about:

- Dates for Parents/Carers Events
- School trips
- The curriculum
- Emergency Closures (snow, power cuts etc).

www.gladesmore.com
or go to the
EduLink One App

DREAM REACH
ACHIEVE
respect | enthusiasm | aspiration
cooperation | hard work

Black History Season @ Gladesmore

Fleur and Keshia East in the house!

As part of Black History Season we were fortunate to have Fleur and Keshia East visit Gladesmore. Fleur was a runner up in the X Factor 2014 and went on to be a contestant in 'I'm a Celebrity' and 'Strictly Come Dancing'. Her younger sister, Keshia, is a world renowned make-up artist and has worked with her sister on Strictly Come Dancing.

Fleur and Keshia spoke to students about their experiences growing up in Walthamstow in the 1990's. Fleur and Keshia gave some insight into their experience of coming from a dual heritage background and going to school in London. They shared the highs and lows that came with that, and how they have overcome adversity! They were inspirational role models for all students and it was a real pleasure to be in their company.

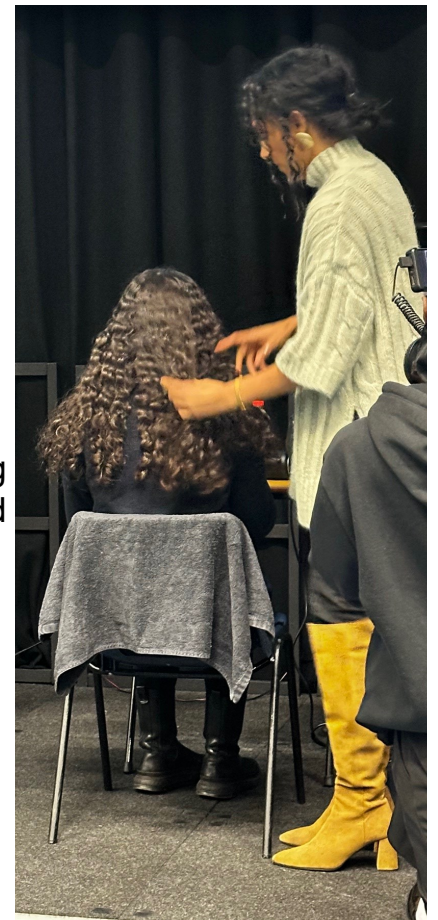


Fleur and Keshia spoke about their role in the Hair Equality campaign. Fleur submitted a statement to parliament:

'I strongly believe that everybody should be treated equally, irrespective of how their hair grows out of their head. It's ridiculous that anyone should be treated differently or unfairly due to their hair type. Our hair strands should not impact our life's plans. The twists and turns of each coil or curl shouldn't negatively shape our life's path. Our curl pattern should not evoke a pattern of behaviour that discriminates against us. The way our boss thinks, should never be coloured by the way our hair kinks. Our value should not be determined by the volume of our hair, but rather by the depth of our character.'

Fleur and Keshia also shared their journey to becoming inspirational entrepreneurs, celebrating their curly hair brand 'Kurl Kitchen'.

The students were lucky enough to have a special hair workshop where they had their hair styled by a top national hair stylist. It was great that the students were able to ask questions and celebrate the coils and kinks in their hair.



Happy Black History Season!

Gladesmore's 'Gardening Gurus' Community Garden Project

Gladesmore's Gardening Club is working on an exciting project in Markfield Park, every Friday lunch time. The charity, Centre for Mental Health and the landscape designers, Wild City Studio entered their design into The Chelsea Flower Show 2023 as a show garden. This garden has been rehomed at Markfield Park, next to the school, with an aim to support not only a wide range of wildlife but also our community's mental and social health. It was officially opened last month by the Mayor of Haringey, Sue Jameson in coordination with The Friends of Markfield Park.



The students are learning about planting and ecology which it will allow them to meet a range of experts. Last year we planted potatoes, soft fruits and herbs and sowed wild flower seeds. So far this year we have planted garlic and onions, with more to come. As the winter months roll in, we will be learning about growing mushrooms with local experts Fat Fox Mushrooms, building up the habitat area for wildlife and working on our 'Talking Bench' project – designing a seating area to help those who feel lonely or isolated to come along and feel connected. As it is a community garden, students and their families are able to pick any produce they wish and use it at home.



If you think your child might be interested in joining please tell them to see Ms Beale in E8!



GCS ~ Online Resources

At Gladesmore we use a number of online resources to improve, support and track our students learning. Students and parents are encouraged to use these valuable resources.

My Learning Journey (MLJ)



Gladesmore Community School has a centralised information portal called '**My Learning Journey**' (MLJ). Developed in-house, the portal aims to keep students and parents/carers updated on all curriculum-based issues and gain access to classwork in all subjects for the whole academic year. Students and parents/carers can also access exam-related information and gain insights into curriculum content. Parents/carers can also check their child's '**Own Your Learning**' (home learning) schedule.

The portal's motto, 'Own your learning, own your future', encourages students to take active charge of their educational journey.

Here's how to access the MLJ:

- Open an Internet Web Browser and type in student.gladesmore.com
- Select: My Learning Journey
- Select: Subjects and Year Group
- Access: Unit information (resources + podcasts), have a pen and paper handy to take notes.

Seneca Learning & Pearson Revise

Encouraging your child to use online learning resources like **Seneca Learning** and **Pearson Revise** can significantly enhance their study routine and academic progress. These platforms, accessible through the student portal at Gladesmore Community School, offer tailored learning materials across all subjects, allowing students to deepen their understanding of various topics.

Here's how to access Seneca Learning:

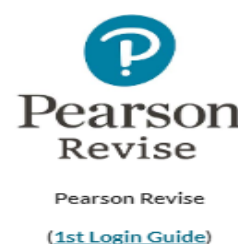
- Open an Internet Web Browser to student.gladesmore.com
- Select: Seneca Learning
- Select: Continue with Google and sign in with your @gladesmorestudent.com email address



Select: add courses, then select a topic, have a pen and paper handy to take notes.

Here's how to access Pearson Revise:

- Open an Internet Web Browser to student.gladesmore.com
- Select: Pearson Revise
- Select: Continue with Google and sign in with your @gladesmorestudent.com email address
- Select: add courses, then select a topic, have a pen and paper handy to take notes.



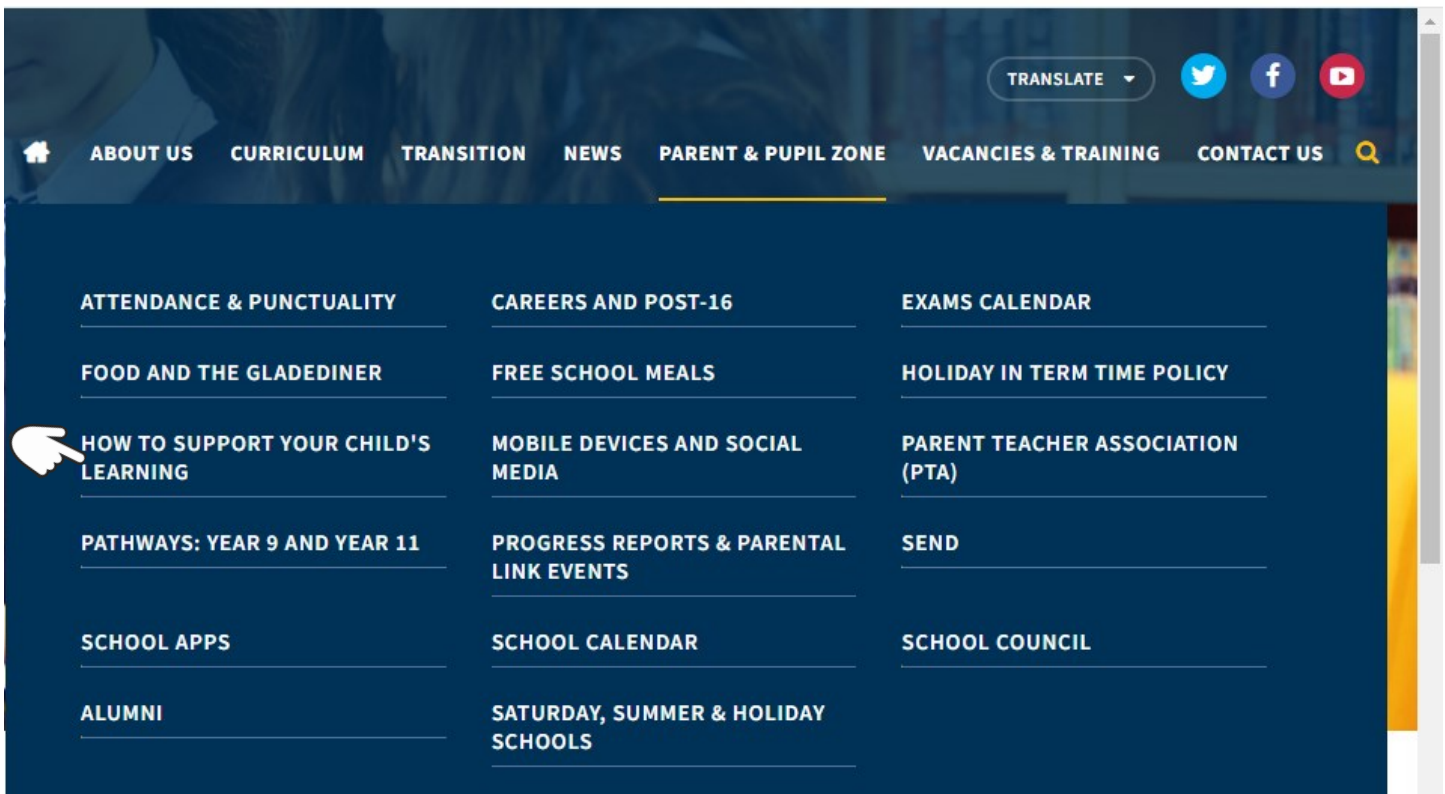
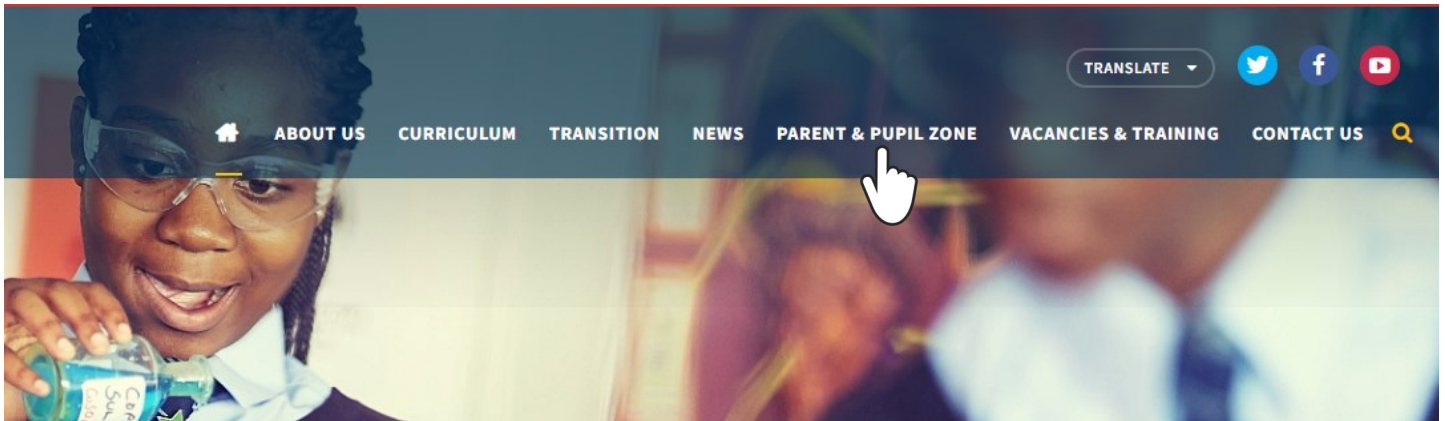
Parent & Pupil Zone

Students can reinforce their knowledge and prepare more effectively for exams by taking notes on what they learn. Additionally, the tutorials available through the **Parent & Pupil Zone** on the Gladesmore website (www.gladesmore.com) can guide you in supporting your child's study habits. Together, these resources provide a well rounded approach to learning that can boost confidence and help students stay on track throughout the school year.



Here's how to access the Parent & Pupil Zone:

- Open an Internet Web Browser to <https://www.gladesmore.com/>
- Select: Parent & Pupil Zone
- Select: Select how to support your child's learning
- Select: Watch the tutorials
- **Go back to student.gladesmore.com**
- **Select: My Learning Journey, Seneca Learning or Pearson Revise**
- Have a pen and paper handy to take notes on what you have chosen to study or research.



GCS students visit Cambridge University

On September 17th, thirty Year 11 students from Gladesmore visited Cambridge University to explore higher education opportunities and careers in physics and find out what life is like for a student at Fitzwilliam College.

The careers event took place at the Cavendish Laboratory. The sessions were run by researchers working at the cutting edge of science and students had the opportunity to interact with the scientists and learn more about their work.

Students learned about Antarctic exploration and the importance of sun cream even in Antarctic weather; forensic engineering and how buildings are designed to fail safely; and how knowledge of physics can let you do some incredible things, like stand on a bed of nails (which two of our students safely tried for themselves). They also explored the challenges of flying on Mars with a researcher who helped develop the Mars Helicopter; and learned about the James Webb Telescope from an astrophysicist who worked on the project.

In the afternoon students headed to Fitzwilliam College where students toured the campus and got to see the library and student common areas. The tour ended with a talk on the process of applying for university and the student experience at Cambridge University.

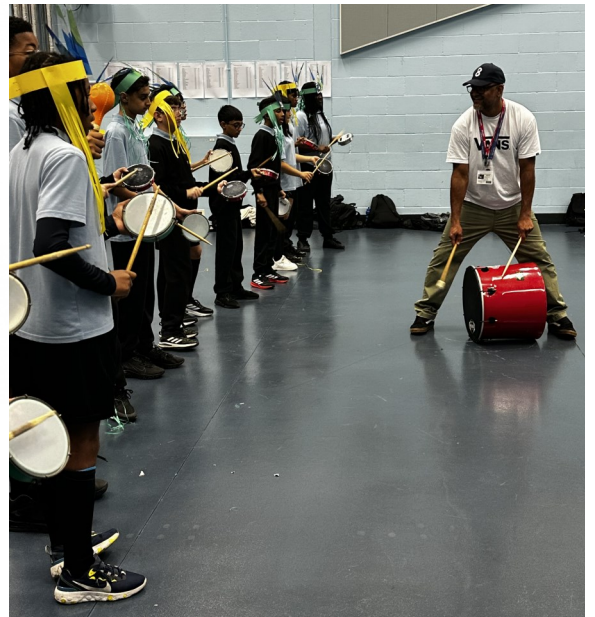
The students were a true credit to Gladesmore. Staff and students from the University were impressed and full of praise for our students. WELL DONE!



The trip was organised in conjunction with London Academy of Excellence Tottenham (LAET). LAET will be working with Gladesmore throughout the year to deliver a range of exciting extracurricular activities in a variety of subjects to students in Years 7-11.



MARKFIELD ROAD 2024 FESTIVAL



The Markfield Road Festival is a free local community festival celebrating creativity in Tottenham through music, art and discussions. The festival has taken place for the last two years with 5,000 attendees in 2023. This year the festival ran on the 14th and 15th September and a select group of Gladesmore students were there to celebrate all things great about South Tottenham!

Students were involved in dance, art and music workshops where they learnt all the steps and rhythms needed to be an active and engaging part of the festival procession. It was lovely that we could be involved in something so positive. The students had worked really hard in the workshops and arrived full of energy.

The sun was shining, the crowds were huge and a grand time was had by everyone involved. We are really proud that the students were asked to be part of this wonderful celebration of Tottenham.





Getting teenagers to talk openly about what's bothering them can be hard. Follow these tips to help get them talking to you about their worries.

Try not to assume you know what's wrong

Do not assume that you know what's wrong. Rather than asking "Are you being bullied?", try saying "I've been worried about you.

You do not seem your usual self, and I wondered what's going on with you at the moment? Is there anything I can help with?"

Be clear you want to help

If you suspect your child is using drugs or drinking excessively, be gentle but direct. Ask them, and let them know that you'll help them through any of their difficulties.

Help your teenager think for themselves

- Instead of trying to be the expert on your teenager's life, try to help them think for themselves:
- Discuss the potential implications of poor behaviour choices. For example, "How does missing lessons make you feel the next day?"
- Help them think critically about what they see and hear. "So Paul said X: is that what you think?"
- Help them feel that they can deal with life's challenges. Remind them of what they're good at and what you like about them. This will give them confidence in other areas of their lives.
- Information is empowering. Point them towards websites that can give them information on contemporary teenage challenges, so they can read the facts and make up their own minds.
- Help them think of ways they can respond and cope. "So, when you feel like that, is there anything you can do to make yourself feel better?"
- Encourage them to think through the pros and cons of their behaviour.

Help your teenager feel safe

Teenagers often worry that telling an adult will just make things worse. You need to be clear that you want to help them and will not do anything they do not want you to.

This may be particularly important with bullying. If your child opens up to you about bullying, explain that it is unacceptable. Listen to their fears and reassure them it's not their fault.

Help build up their confidence by reassuring them that you'll face the problem together.

<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/talk-to-your-teenager/>

<https://www.kooth.com/>

THE GCS SAFEGUARDING TEAM

The safeguarding of our children is our school's highest priority. Safeguarding and promoting the welfare of children is everyone's responsibility at Gladesmore Community School.

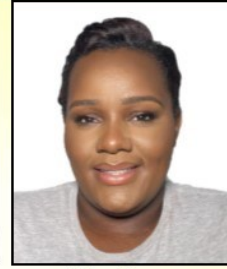
Please do reach out if you are worried or in need of support. Children, parents, carers, we know that it can be challenging to come forwards when things are difficult, but please get in touch so that we can help.



Ms T. Marshall
Designated Safeguarding Lead



Mr Regisford
Safeguarding Officer & Assistant Head



Ms Cope
Safeguarding Officer



Ms Moaka
Safeguarding Officer

✉: safeguarding@gladesmore.com

or,

☎: 0208 800 0884

YEAR 11 GCSE CITIZENSHIP

Hello Parents and Carers ,

We are the Year 11 GCSE Citizenship group and as part of our GCSE course we are undertaking in an Active Citizenship project.



Verral Paul Walcott, who is a community leader in our local area, came to school to us to talk to us about his work helping the homeless in the community.

Inspired by him, we talked about how we might help and get others onboard to help too. Mr Walcott will be doing a drive in aid of homeless people across all the London boroughs and we would like to help him with this.

So we are asking for your help with donations of long life non perishable snack food and drink items, unwanted serviceable clothes and blankets as well as feminine and other personal hygiene products. If you would like to donate please send your child to Mr Lawrence in H6 where they can drop off any items.

Thank you in advance, your donation is much appreciated and will make a big difference to a homeless person this winter!

Kind regards,

The Year 11 Citizenship group

REACH & the REACH Assembly Up~Date

Respect
Enthusiasm
Aspiration
Cooperation
Hard work

These five words are very important to the Gladesmore family, so much so that they form the very foundation of our core 'REACH' values and school ethos. We teach our students that if they respect themselves and others, show enthusiasm for learning and life, have aspirations and aspire to be the best they can, cooperate with all members the of Gladesmore family and the wider community and work hard, they really can ...'dream, REACH, achieve'!

REACH provides all students with a user-friendly way of demonstrating the characteristics that are important to us. Understanding these values enriches our students' learning experiences and enhances positive social interactions. Students are encouraged to take responsibility for their learning, capitalise on the many opportunities available to them and to support one another's success. Our values are integrated into all areas of school life, from our interactions with students where staff consistently model and reinforce the values, to the content of our lessons. REACH embodies the core values of our school which serves as a means to strengthen our community.

Each half term we will focus on a different aspect of REACH, supporting students in better understanding how they can demonstrate that value.

We started in September with RESPECT, which was



launched with great fanfare at an assembly led by Ms. Norton. We were transported back to this summer where the unfortunate riots in the UK highlighted a lack of respect for members of local communities. It was individuals coming together and creating a positive movement that caused change and the wonderful images from Walthamstow really



encapsulated the power of collective respect and understanding. This led perfectly into a recap of our International Culture and Diversity Day where we raised over £1000 for a great charity called Orphans in Need.



Across the rest of this academic year we will publish a round up about how we celebrate each value.

As a school and a family, we know that we are and always will be, stronger together.

THE GLADESMORE FAMILY

For the last few years the Gladesmore Family has worked with local groups which run Foodbanks to help families in the community.

This winter we will again be collecting non perishable and long life items for donation to both the Tottenham and the Haringey Food Banks.

Please donate to the Haringey and Tottenham Foodbanks and help a local family.

All long life non perishable products are welcome, please see the list for some ideas.



GCS FOOD BANK DONATION DRIVE

- TINNED VEG OR VEGAN FOOD E.G.: PEAS; SWEETCORN; POTATOES; SPAGHETTI ; LENTILS; CHICKPEAS ETC.
- TINNED SOUP (MEAT OR VEGGIE)
- TINNED MEAT E.G.: HAM; CHICKEN CURRY; STEWED BEEF; CHILLI CONCARNE; CORNED BEEF; MEATBALLS ETC.
- TOILETRIES E.G.: SHAVING FOAM; TOOTHPASTE; SHAMPOO; SHOWER GEL; DEODORANT; BABY WIPES ETC.
- LAUNDRY DETERGENT ~ SMALL PACKETS
- 1 LITRE ALTERNATIVE NON DAIRY MILK
- TINNED RICE PUDDING OR CUSTARD
- INSTANT COFFEE OR TEA BAGS
- 1 LITRE LONG LIFE FRUIT JUICE
- PASTA OR RICE (UNCOOKED)
- INSTANT MASH POTATO
- WASHING UP LIQUID
- 1 LITRE UHT MILK

**PLEASE GIVE YOUR
DONATIONS TO
MR AIBANGBEE IN B7
BY
FRIDAY 13th DECEMBER**

THANK YOU!

HELPING LOCAL FAMILIES IN THE COMMUNITY



IMPORTANT DATES FOR YOUR DIARY

Please note all dates and events are subject to change

- Saturday 9th November Year 7 Saturday Transition School 9
- Monday 11th ~ Friday 15th November Anti Bullying Week
- Friday 15th November Blue Day & Odd Socks Day
Horror Night
- Saturday 16th November Year 7 Saturday Transition School 10
- Thursday 21st November Year 11 Pathways Day
Year 10 School Exams
Key Stage 3 Activities Day 1
Timetable suspended for Years 7, 8 & 9 not involved in the above events
- Saturday 23rd November Year 7 Saturday Transition School 11
- Monday 25th ~ Friday 29th November Enthusiasm Week
- Saturday 30th November Year 7 Saturday Transition School 12
- Monday 2nd ~ Friday 6th December Year 11 Trial Exams 1: Week 1
- Saturday 7th December Year 7 Saturday Transition School 13
- Monday 9th ~ Friday 13th December Year 11 Trial Exams 1: Week 2
- Tuesday 10th December Year 7 and 8 Review Day ~ attendance by appointment
Year 9 Activities Day 2
Year 10 School Exams
Year 11 Trial Exams
5:00pm ~ Parent Teacher Association (PTA) Meeting 2 in the GCS Library
- Saturday 14th December Year 7 Saturday Transition School 14
- Wednesday 18th December 6:00pm Year 10 Pantomime Evening Performance
- Friday 20th December Panto (non uniform day & last day of term)
Day ends at midday, lunch is available in the Glade Diner
- Monday 23rd December 2024 ~ Friday 3rd January 2025 Christmas Holiday
- Monday 6th January 2025 Teacher Training Day 3
Timetable suspended for all year groups
- Tuesday 7th January 2024 8:35am ~ All year groups return to school
- Saturday 11th January Year 7 Saturday Transition School 15
- Thursday 16th January Year 10 Parents'/Carers' Evening
- Friday 17th January 9:30am start for students
- Saturday 18th January Year 7 Saturday Transition School 16
- Monday 20th ~ Friday 24th January Aspiration Week
- Saturday 25th January Year 7 Saturday Transition School 17
- Thursday 30th & Friday 31st January Year 9 Preferences Presentations
- Saturday 1st February Year 7 Saturday Transition School 18
10:00am Year 9 Preferences Morning
- Saturday 8th February Year 7 Saturday Transition School 19
- Monday 10th ~ Friday 14th February Year 11 Trial Exams Week 1
- Saturday 15th February Year 7 Saturday Transition School 20
- Monday 17th ~ Friday 21st February Half Term Holiday
- Monday 17th ~ Wednesday 19th February Revision Classes (to be confirmed)
- Monday 24th ~ Friday 28th February Year 11 Trial Exams Week 2
- Monday 24th February Staff PPM Day
Year 11 Trial Exams
Timetable suspended for all Years 7, 8, 9 & 10
- Tuesday 25th February 8:35am ~ All Year Groups return to school
5:00pm ~ Parent Teacher Association (PTA) Meeting 3 in the GCS Library
- Thursday 27th February Year 9 Parent/Carers' Evening
- Friday 28th February 9:30am start for students
Ramadan begins (to be confirmed)
- Saturday 1st March Year 7 Saturday Transition School 21
Ramadan begins (to be confirmed)
- Monday 3rd March ~ Friday 7th March National Careers Week
- Thursday 6th March World Book Day
- Saturday 8th March Year 7 Saturday Transition School 22

'REACH' HALL OF FAME Student of the Week 2024 ~ 2025

Congratulations:

12/09/24

Vasile Morar 7G

13/09/24

Dejon Hunter, 11RRD

19/09/24

Gulsu Celebi, 8AAI

20/09/24

Zahra Salam, 10AGI

26/09/24

Kaelifa McKenzie, 9AHI

27/09/24

Brayden Kyemba, 11BSK

03/10/24

Iga Mioduszevska, 7L

04/10/24

Yasmin Allen-Barker, 10APR

