

Webinars for parents and carers

delivered by

Haringey Educational Psychology Service

ADHD and executive functions

- For parents/carers of children of all ages
- Monday, 20 October from 12pm to 1pm

This webinar will focus on understanding ADHD and executive functions (the processes that help with prioritising, planning, problem-solving, inhibition and time-management) and strategies to support children in this area.

Sleep

This webinar will focus on understanding and supporting your child's sleep.

- For parents/carers of pre-school and primary aged children
- Monday, 24 November from 12pm to 1pm

Future webinars

These will be held in the spring and summer term on topics such as: Managing behaviour, emotion coaching and screen time.

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