



ADHD Workshops for Haringey Parents/Carers

Do you think your child may have ADHD or are they on the waiting list for an assessment?

- Come along and hear about helpful information and strategies.
- Meet other parents and professionals



Led by
CAMHS and
the
Educational
Psychology
Service

Sign up here:

<https://sendpowerinharingey.eventbrite.com>



Upcoming sessions:

Tuesday 20th January 2026 - ADHD: diagnosis and beyond. This session will look at the pros and cons of diagnosis, medication, and moving into adulthood

Tuesday 24th February - ADHD and screen time

Tuesday 17th March - ADHD and emotion coaching

Time: 10 - 11.30am

Place: Chestnuts Community Centre (N15 5BN)