



13th March 2020

Dear Parents and Carers,

Re: Coronavirus concerns

Further to the Covid-19 guidance that I sent out yesterday, I wish to make you aware of updated advice from Public Health England and Haringey.

We are now officially in the **delay phase** of the outbreak. This means that the current focus on testing and tracing of contacts will be scaled back and testing will be focused on people in hospital.

Public Health England are expecting increasing cases of coronavirus in the community, so there is a new focus on ensuring people who are unwell with a fever or cough are away from others for the time while they are potentially contagious. This will slow spread of the infection and is important in protecting those around us.

The new advice as of today is as follows:

- **Any pupil with a fever or persistent cough** should not be in school and should **self-isolate for 7 days** from the time of onset of symptoms or for longer if symptoms are still present after 7 days.
- People are not expected to call 111 unless they feel they cannot cope with symptoms at home the condition gets worse symptoms do not get better after 7 days
- People will not routinely be tested.
- Coronavirus is thought to cause only a mild illness in children and young people.

Can you please email admin@gladesmore.com to inform us **if you intend to travel overseas**. This will enable us to continue to assess the risk to our school community as a whole. It is **critically important** if the travel involves Category 1 or 2 areas. Note that the list of countries and their restrictions is changing.

- If someone returns from a category 1 country, **they have to self-isolate even if they appear well**.
- If someone returns from a Category 2 country, **they should self-isolate if they show symptoms**.

Our thoughts go out to all those affected.

Yours sincerely

Tony Hartney CBE

Covid-19 Disclaimer: Gladesmore Community School is not a medical authority and this advice must be read in that context

