

Android phones

Set up parental controls

- Open the Play Store app, tap the 3-lines button in the top left > Settings > Parental controls > Toggle Parental controls to on
- Create a PIN. Make sure to choose a PIN your child doesn't already know

You can then choose the highest age rating you want to allow for apps and games, films, TV, books and music. Go into each option and choose the age rating you want.

Restrict purchases

- Open the Play Store and tap the 3-lines button in the top left
- Select Settings > Require authentication for purchases > For all purchases through Google Play on this device

Manage screen time

You'll need to set up Family Link to do this (see this page for more: <https://support.google.com/families/answer/7101025?hl=en>). Family Link is an app that lets parents set "digital ground rules" for their children.

Then, in the Family Link app, select your child and follow the steps below.

To set a daily limit on a device, on the 'Daily limit' card, tap 'Set up' or 'Edit limits' > follow the instructions on the screen.

To set time limits for specific apps (only for devices running Android Nougat or newer), on the 'Today's activity' card, tap 'Set limits' > next to app you want to limit, tap the sand timer icon > Set limit (an icon with the top half of the sand time filled) > set a daily time limit for the app > tap 'Set'.

To set a bedtime, on the 'Bedtime' card, tap 'Edit schedule', then follow the instructions on the screen to set a bedtime.
