



Gladesmore Community School

Covid Rules

- 1. Sanitise your hands before school and at the start of every lesson.**
- 2. Follow hygiene protocols – use a tissue to cough or sneeze and use bins for waste. ('catch it, bin it, kill it').**
- 3. Maintain social distancing from staff – always remain 2-metres away.**
- 4. Maintain separation (social distancing) from pupils in other year Groups.**
- 5. Avoid physical contact - do not hug / touch others or shake hands.**
- 6. Follow the school routes - one-way system; stay on the left in corridors.**
- 7. Avoid crowding – do not block corridors, doorways, or staircases.**
- 8. Observe seating plans in lessons and at lunchtime.**
- 9. Keep your bags and belongings with you - do not share equipment.**
- 10. Stay at home if unwell; if unwell in school report this.**